

# ANCHOR INGREDIENTS

## A Fresh Approach to Managing Your Ingredients

### PROCESSED INGREDIENTS: (End-to-End Ingredient Supply: Origination—Processing—Distribution)

Ancient Grains	Chickpeas (Garbanzo Beans)	Oats (Quick/Rolled)
Austrian Winter Peas	Flaxmeal (Brown/Golden)	Split Peas (Yellow/Green)
Barley (Cracked/Pearled)	Flaxseed (Brown/Golden)	Whole Peas (Yellow/Green)
Buckwheat (Groats/Whole)	Lentils (Green/Red)	Sunflowers

Custom Orders and Processing Available : Cleaning, Milling, Packaging, Blending, Organic, Pasteurized

### DISTRIBUTED INGREDIENTS: (In Stock at Company Owned Warehouses)

Fruits			Legumes	Nuts	Seeds		
Apples	Currants	Pears	Alfalfa	Almonds	Peanuts	Canola	Pumpkin—AA
Apricots	Dates	Pineapple	Clover	Brazil Nuts	Pecans	Chia	Pumpkin— Inshell Snow- White
Avocado	Figs	Plums	Faba Beans	Cashews	Pinenuts	Hemp	
Banana	Juniper Berries	Prunes	Kidney Beans	Filberts	Pistachios	Nyjer	Safflower
Blueberries	Kiwi	Pomegranate	Lima Beans	Macadamias	Tree Nut Mix	Poppy	Sesame
Cantaloupe	Mango	Raisins	Maple Peas	Mixed Nuts	Walnuts	Pumpkin -A	
Cherries	Nectarines	Raspberries	Navy Beans	Pecans			
Coconut	Papaya	Strawberries	Pinto Beans				
Cranberries	Peaches	Watermelon	Vetch				

#### Vegetables

Artichoke	Carrots	Green Beans	Lettuce	Pumpkin	Squash	Lipped Mussel
Beets	Cauliflower	Kale	Mushrooms	Radish	Sweet Potato	
Broccoli	Celery	Kelp	Onions	Spinach	Tomato	
Cabbage	Cucumber	Leeks	Peppers	Spirulina	Zucchini	

#### Specialty Items

#### Grains

Amaranth  
Canary  
Millet  
Milo  
Oats  
Quinoa  
Popcorn  
Rice  
Rye  
Spelt  
Teff

#### Starches & Fibers

Apple Pomace  
Arrow Root  
Beet Pulp  
Blueberry Pomace  
Cheese Powder  
Chicory Root  
Citrus Fiber  
Corn Starch  
Cranberry Pomace  
Grape Pomace  
Inulin  
Pea Fiber  
Pea Starch  
Potato Flakes  
Potato Starch  
Rice Starch

Sweet Potato Flakes  
Tapioca  
Tomato pomace  
Vegetable Pomace  
Wheat Bran  
Wheat Germ  
Wheat Starch  
Yeast

#### Herbs & Spices

Anise  
Calendula  
Chamomile  
Caraway  
Chili Peppers  
Chives  
Cilantro  
Cinnamon  
Dandelion  
Dextrose  
Dill  
Fennel  
Garlic  
Ginger  
Green Tea  
Hibiscus  
Laurel  
Lavender  
Molasses  
Oregano  
Parsley  
Rose Hips

#### Proteins

Egg  
Faba Protein  
Hemp Protein  
Pea Protein  
Potato Protein  
Rice Protein  
Soy Protein  
Vital Wheat Gluten  
Turnips  
Yucca